



First Aid/CPR

State Championships 2021

Review Technical Standards

This contest will follow the “Standards and Competencies” outlined within the SkillsUSA Technical Standards (virtual). Review the contest’s technical standards prior to competing. There will be no demonstration component at the 2021 SLSC.

Complete First Aid/CPR Test

There will be a written test based on First Aid/CPR standards and the SkillsUSA Leadership Handbook. You will be required to take the exam, and the scores will be used for the total overall score.

- Items to study:
 - Opening the airway
 - Ventilation
 - AED use
 - CPR process
 - How to care for different injuries/medical emergencies
 - Bleeding
 - Burns
 - Stroke
 - Hypo/Hyperthermia
 - Diabetes
 - PPE

Submit Contest Submission

Submit the following:

- Complete the test.
- One-page typed resume.