



Prepared Speech

State Championships 2021

Review Technical Standards

This contest will follow the "Standards and Competencies" outlined within the SkillsUSA Technical Standards (virtual). Review the contest's technical standards prior to competing.

Complete Professional Development Test

There will be a written test based on Career Essentials Foundations and the SkillsUSA Leadership Handbook. You will be required to take the exam, and the scores will be added to the total overall score. The number of points allowed will not exceed 5 percent of the total possible points.

Complete the Contest Submission

This contest will require that you submit a recording of your speech. Your speech will be five to seven minutes in length. Penalties will apply if you are under or over the time requirements. The time will be started when the speech begins. You can have someone signal you at five minutes. The contestant will be permitted to use a watch or clock.

No visual aids, props, notes and/or notecards will be permitted. You should not mention your name, school, or city. This recording will be completed in one take and cannot be edited or manipulated.

You will need to upload a typed electronic copy of the speech and should include the name of the training program, institution name, contestant's name, address, phone number and the speech title.

The topic for the prepared speech can be found at www.skillsusa.org/theme.

Submit Contest Submission

Submit the following:

- Contest video file.
- Typed electronic copy of the speech.
- One-page typed resume.

**5
minutes**