



## Extemporaneous Speaking

*State Championships 2021*

### **Review Technical Standards**

This contest will follow the “Standards and Competencies” outlined within the SkillsUSA Technical Standards (virtual). Review the contest’s technical standards prior to competing.

### **Complete Professional Development Test**

There will be a written test based on Career Essentials Foundations and the SkillsUSA Leadership Handbook. You will be required to take the exam, and the scores will be added to the total overall score. The number of points allowed will not exceed 5 percent of the total possible points.

### **Set Up Contest Space and Materials**

The presentation must be filmed and you will be submitting a video of your speech.

### **Complete the Contest**

The extemporaneous speaking prompt will be posted in the Championships Hub at 3 p.m. on Thursday, April 15 at 3 p.m. You will have a total of 45 minutes to prepare, record, and upload your video. Uploads must be completed by 3:45 p.m.

The technical committee will select speech topic based upon material in the “SkillsUSA Leadership Handbook.” All contestants will be assigned the same topic.

The speech shall be at least three minutes in length but shall not exceed five minutes. Time will be started when the speech begins. This event will be the submission of a recorded speech.

### **Submit Contest Submission**

Submit the following:

- One-page typed resume
- URL to recorded speech